

 **BREAKFAST**

NOVEMBER 2019

Served 7:45 am - 8:15 am Daily

Dike - New Hartford

Daily Choices
Juice - Fruit
Fruit Cup - Yogurt
Variety of Cereal & Cereal Bars

Monday

Tuesday

Wednesday

Thursday

Friday

1
Biscuits & Gravy

4
Breakfast Sliders

5
French Toast

6
Breakfast Bites

7
Mini Donuts

8
Egg/Cheese/Bacon
Biscuit

11
Breakfast Boat

12
Cinnamon Roll

13
Pancakes

14
Toast
Scrambled Eggs with
Bacon & Cheese

15
Mini Bagels

18
Breakfast Pizza

19
Dutch Waffle

20
Pancake/Sausage
on a Stick

21
Breakfast Bar

22
Breakfast Sandwich

25
Waffles

26
Long John

27
No School

28
No School
Happy Thanksgiving!!

29
No School

For a complete breakfast, choose 3 or 4 items.
Start with a juice or fruit then add other options.
Entrees count as 2 options.

Menu subject to change without notice.

This institution is an equal opportunity employer



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Monday

Tuesday

Wednesday

Thursday

Friday

4
Mandarin Chicken or
Cheesy Breadstick
Steamed Rice
Stir Fry Veggie
Fruit & Veggie Bar

5
Cheeseburger
or Taco Quesadilla
French Fries
Fruit & Veggie Bar

6
Chili / Crackers
or Pizza Burger
Green Beans
Cinnamon Roll
Fruit & Veggie Bar

7
Chicken Drumstick/Toast
or Fish Sandwich
Cheesy Broccoli
Fruit & Veggie Bar

1
Meatball Sub
or Personal Pizza
Corn
Fruit & Veggie Bar

8
Sloppy Joes or
Turkey & Cheese Sandwich
Mashed Potatoes
Royal Brownie
Fruit & Veggie Bar

11
Mr. Rib or
Mini Corn Dog
Broccoli
Fruit & Veggie Bar

12
Chicken Fajita or
Hot Dog
Spanish Rice
Ranchero Beans
Fruit & Veggie Bar

13
Chicken Alfredo
or Wolverine Burger
Homemade Bread
Green Beans
Fruit & Veggie Bar

14
Chicken Sandwich or
Ham & Cheese Sandwich
Sweet Potato Fries
Fruit & Veggie Bar

15
French Bread Pizza
or Breakfast Pizza
Corn
Harvest Cookie
Fruit & Veggie Bar

18
Chicken Nuggets
or Shrimp Poppers
Macaroni & Cheese
Glazed Carrots
Fruit & Veggie Bar

19
Stuffed Crust Pizza
or Pork Burger
Cheesy Broccoli
Fruit & Veggie Bar

20
Thanksgiving Dinner
Turkey & Stuffing
Mashed Potatoes & Gravy
Homemade Bread
Fruit & Veggie Bar
Pumpkin Pie

21
Enchilda or
Tenderloin
Spanish Rice
Ranchero Beans
Fruit & Veggie Bar

22
Italian Chicken Sandwich
or Cheeseburger
Tater Tots
Fruit & Veggie Bar

25
French Toast & Omelet
or Pizza
Hashbrown Patty
Orange Juice
Fruit & Veggie Bar

26
Chicken Nuggets
or Corn Dog
Turkey Shaped Pretzel
Baked Beans
Fruit & Veggie Bar

27
No School

28
No School
Happy Thanksgiving!

29
No School

Wolverine Bowl Options for K-5

Monday
Boiled Egg
String Cheese
Crackers
Rice Krispie Treat

Tuesday
Turkey & Cheese Wrap
Animal Crackers

Wednesday
Ham Cubes
String Cheese
Goldfish Crackers
Rice Krispie Treat

Thursday
Pizza Flatbread
Cheese/Pepperoni
Strawberry Delight

Friday
PBJ Uncrustable
Goldfish Crackers

Sub / Salad Station Options for Grades 6 - 12

	Monday	Tuesday	Wednesday	Thursday	Friday
Sub	Turkey/Cheese	Club	Italian	Turkey Club	Ham & Cheese
Salad	Grilled Chicken	Turkey BLT	Chef Salad	Crispy Chicken	Chicken Caesar